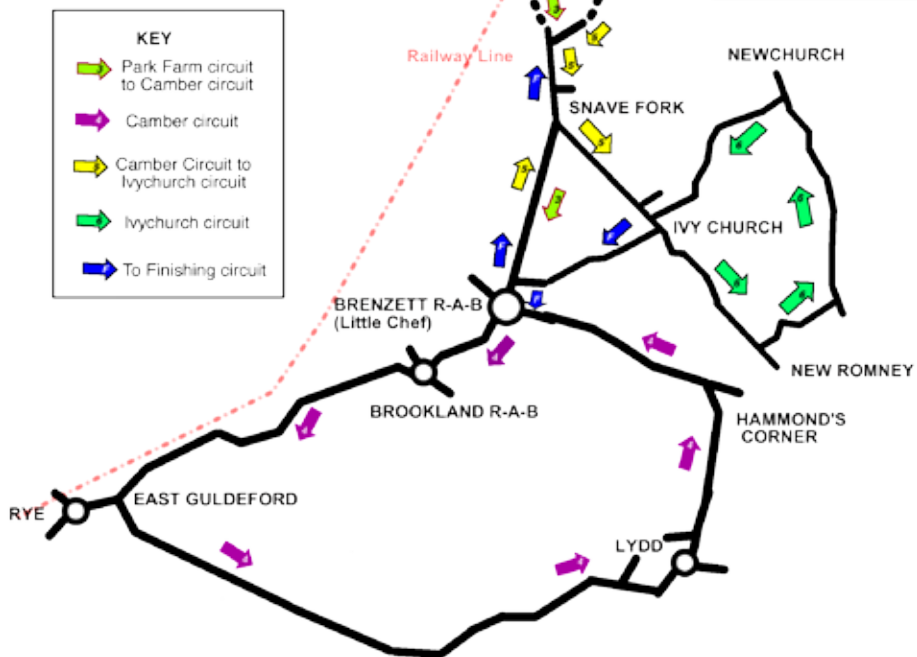
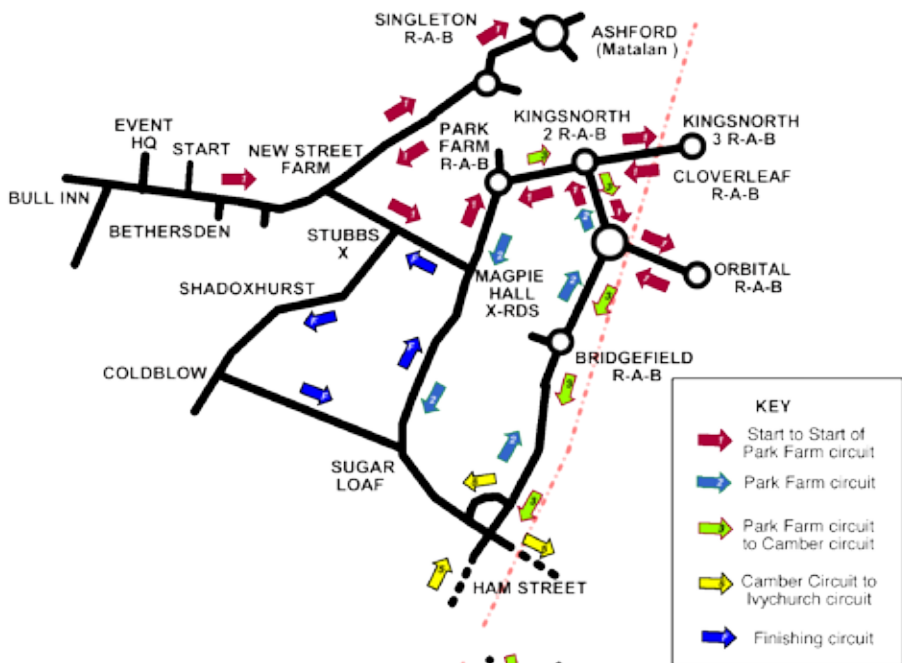


Q12 (2011)



Promoted for and on behalf of Cycling Time Trials under their rules and regulations



# KENT CYCLING ASSOCIATION

President Pat Hill

## OPEN 12 HOUR TIME TRIAL

For Bicycles and Tricycles

Sunday 4th September 2011

START SHEET





Course	Inter Dist	Cum Dist
<b>IVYCHURCH CIRCUIT (3)</b>		
And onto the next left direction St. Mary in the Marsh.	1.127	190.697
Take right turn prior to St Mary in the Marsh to join St. Mary's Road at 'T' junction where left to Turn gates Bridge (Trelor)	3.121	193.818
Follow lane to Newchurch (care on bend).	2.448	196.266
Take first left on end of village to Poplar Farm junction	2.905	199.171
Left to Ivychurch (end of Ivychurch circuit)	0.566	199.737
Turn Right (CARE) past Brenzett Air Museum and Left to Brenzett round-a-bout (Little Chef) where	1.525	201.262
Circle and retrace along A2070 to top of Ham Street Hill where	5.050	206.312
Left to 'T' junction with B2067 (Ham Street Road) where	0.111	206.423
RIGHT (CARE) to Sugarloaf Cross Road and start of finishing circuit	0.808	207.231
<b>FINISHING CIRCUIT</b>		
Continue on B2067 to Magpie Hall cross roads where	2.979	210.210
Left to Stubbs Cross where	1.621	211.831
Left through Shadoxhurst to Coldblow junction	3.222	215.053
Left to Sugarloaf cross roads where Left to start of circuit	1.311	216.364
To end of Circuit (2)	9.133	225.497
To end of Circuit (3)	9,133	234.630
To end of Circuit (4)	9,133	243.763
To end of Circuit (5)	9,133	252.896
To end of Circuit (6)	9,133	262.029
To end of Circuit (7)	9,133	271.162
To end of Circuit (8)	9,133	280.295
To end of Circuit (9)	9,133	289.428

Event Secretary:

Esther Carpenter,  
10 Maplehurst Road,  
Baldslow,  
St.Leonards-on-sea,  
East Sussex, TN37 7NA  
☎(01424) 751581  
Mobile: ☎07929 797386

Timekeepers:

Peter Stone  
Paul Mephem  
Warwick Dunford  
Pat Hill  
Peter Watson  
Ian & Clarice Masterson  
Roy Canning  
Mick Kilby

Roving Marshal:

Tim Carpenter  
Mobile: ☎07542 107927

Event H.Q. - Bethersden Village Hall. There are toilet facilities and ample parking.

PLEASE BE QUIET AT THE HALL IN THE MORNING

SIGNING ON SHEET, AND BODY NUMBERS WILL BE AT EVENT H.Q.

Please note that CTT Regulation 16 states that the number shall be centrally positioned below the waist so as to be clearly visible from the rear when in his normal riding position. Position number as shown



Please note that any rider whose number is not positioned correctly will not be allowed to start.

## Notes

### RIDERS

In the interests of your own safety, the C.T.T. and the event promoters strongly advise the use of a hard shell helmet that meets an internationally accepted safety standard.

It is the responsibility of each competitor who will be riding on the public highway before sunrise and finishing after sunset to ensure they have the appropriate lighting. Detailed information is available from the CTC web site.

The K.C.A committee recommend All riders carry LED rear lights.

Please take great care when navigating round-a-bouts. Riders should take careful note of the changes to the course, especially around Park Farm and Kingsnorth which now includes additional roundabouts . Two Park Farm circuits will be completed before joining the A2070 via Cloverleaf roundabout to proceed to Brenzett roundabout and the Camber circuit.

You should note that there will not be marshals at every junction, but it is intended to place arrows around the course. However, You are responsible for ensuring that you follow the course correctly. Take Extra CARE at the RIGHT TURNS.

To reach the start from the H.Q. turn right from Bethersden Village Hall toward the A28 and then left on the A28 toward Ashford. Kiln Lane is the first turning on the left.

Riders should be aware that they risk disqualification for obstructing other riders at the start or on the finishing circuit or using these areas as a public toilet. Toilet facilities are available at the Event H.Q.

You must observe C.T.T. Regulation No 21.

Forms are enclosed so that you can register your support vehicle. The K.C.A. Committee will disqualify any rider guilty of infringing C.T.T. Regulation No 22. Attention is drawn specifically to paragraph (c) which states:

Where vehicles are to be authorised a full description of the vehicle and registration number shall be given to the event promoter prior to the start of the competitor. A competitor shall not be overtaken by his support vehicle more frequently than once every 10 miles. Where possible the vehicle must be driven at normal traffic speed and must not follow the competitor, nor impede or annoy other competitors. Any competitor whose authorised vehicle impedes or causes annoyance to any other

Course	Inter Dist	Cum Dist
At completion of circuit take 3rd exit onto A2070 and continue to top of Ham Street Hill	5.050	154.044
Left to 'T' junction where turn left onto B2067.	0.111	154.155
Continue through Ham Street village (Care) to join A2070 at Johnson's Corner where	1.793	155.948
Turn left to Snave Fork where	1.641	157.589
Left through Poplar Farm 'T' junction to Ivychurch (start of Ivychurch circuit)	1.480	159.069
<b>IVYCHURCH CIRCUIT (1)</b>		
And onto the next left direction St. Mary in the Marsh.	1.127	160.196
Take right turn prior to St Mary in the Marsh to join St. Mary's Road at 'T' junction where left to Turngates Bridge (Trelor)	3.121	163.317
Follow lane to Newchurch (care on bend).	2.448	165.765
Take first left on end of village to Poplar Farm junction	2.905	168.670
Left to Ivychurch (end of Ivychurch circuit)	0.566	169.236
<b>IVYCHURCH CIRCUIT (2)</b>		
And onto the next left direction St. Mary in the Marsh.	1.127	170.363
Take right turn prior to St Mary in the Marsh to join St. Mary's Road at 'T' junction where left to Turngates Bridge (Trelor)	3.121	173.484
Follow lane to Newchurch (care on bend).	2.448	175.932
Take first left on end of village to Poplar Farm junction	2.905	178.837
Left to Ivychurch (end of Ivychurch circuit)	0.566	179.403
<b>IVYCHURCH CIRCUIT (3)</b>		
And onto the next left direction St. Mary in the Marsh.	1.127	180.530
Take right turn prior to St Mary in the Marsh to join St. Mary's Road at 'T' junction where left to Turngates Bridge (Trelor)	3.121	183.651
Follow lane to Newchurch (care on bend).	2.448	186.099
Take first left on end of village to Poplar Farm junction	2.905	189.004
Left to Ivychurch (end of Ivychurch circuit)	0.566	189.570

Course	Inter Dist	Cum Dist
Continue through Camber and round Lydd by pass. On approach to Lydd beware sharp left turn into Robin Hood Lane. Continue straight over small round-a-bout to join B2075 RIGHT (CARE) to Hammonds Corner junction of A259/B2075 where	11.484	81.452
Left to Brenzett round-a-bout (Little Chef) to complete one Camber circuit	3.282	84.734
<b>CAMBER CIRCUIT (3)</b>		
Follow A259 over Brookland round-a-bout to East Guldeford turn left into Camber Road.	6.654	91.388
Continue through Camber and round Lydd by pass. On approach to Lydd beware sharp left turn into Robin Hood Lane. Continue straight over small round-a-bout to join B2075 RIGHT (CARE) to Hammonds Corner junction of A259/B2075 where	11.484	102.872
Left to Brenzett round-a-bout (Little Chef) to complete one Camber circuit	3.282	106.154
<b>CAMBER CIRCUIT (4)</b>		
Follow A259 over Brookland round-a-bout to East Guldeford turn left into Camber Road.	6.654	112.808
Continue through Camber and round Lydd by pass. On approach to Lydd beware sharp left turn into Robin Hood Lane. Continue straight over small round-a-bout to join B2075 RIGHT (CARE) to Hammonds Corner junction of A259/B2075 where	11.484	124.292
Left to Brenzett round-a-bout (Little Chef) to complete one Camber circuit	3.282	127.574
<b>CAMBER CIRCUIT (5)</b>		
Follow A259 over Brookland round-a-bout to East Guldeford turn left into Camber Road.	6.654	134.228
Continue through Camber and round Lydd by pass. On approach to Lydd beware sharp left turn into Robin Hood Lane. Continue straight over small round-a-bout to join B2075 RIGHT (CARE) to Hammonds Corner junction of A259/B2075 where	11.484	145.712
Left to Brenzett round-a-bout (Little Chef) to complete one Camber circuit	3.282	148.994

competitor shall be liable to disqualification from the event.

Where any other vehicle precedes or follows for any length of time, or frequently passes a competitor, that vehicle shall be deemed to be associated with that competitor who shall be liable to disqualification from the event.

Please read this and ensure that your driver understands the restrictions of this regulation.

Support Vehicles on the circuit should take extreme care to avoid obstructing riders as there are sections of the circuit that are very narrow. No individual helpers are to park or operate within 300 yards of any circuit timekeeper.

When you finish make sure your helpers do not obscure the Timekeeper's view or impede other riders. Please note that NO Riders or Vehicles are to stop at the Timekeepers, but they must continue to a safe and convenient stopping point.

Please ensure you are conversant with C.T.T. Regulation 25.

A result board will be at the event H.Q. which will show provisional distances. Do not bother the Timekeepers. Information regarding non finishers will be welcomed.

The K.C.A. wishes all competitors a safe and enjoyable ride.

#### CUT OUT LEGS

Slower riders will omit Brenzett - East Guldeford - Camber - Lydd - Hammonds Corner - Brenzett circuits if necessary

The Ivychurch - St Mary's - Newchurch - Ivychurch circuit will close at Ivychurch at 3.30 p.m.

#### FEEDING ARRANGEMENTS

There will be no feed during the event. Food and drink for unsupported riders will be taken to Brenzett round-a-bout, and then moved to Ivychurch during the event. Please make sure that you leave clearly marked containers at the signing on position.

#### MARSHALS

Indicate the direction to be followed in a positive manner but Do Not Hold Up The Traffic.

Please wear a marshal's jacket. There will be jackets at the event H.Q. at Bethersden Village Hall. If you borrow a jacket please either hand it to your relief or return it to the hall. Please return marshal's check sheets to the Event Organizer or the Roving Marshal.

#### TIMEKEEPERS

Timekeepers should report to Kings Head, Shadoxhurst at 2.30 p.m. to synchronise watches and be allocated Time Keeper stations.

#### MASSAGE

We are lucky that Jackie has brought her massage table to the 12 Hour for several years and she'll be there again this year. It's a popular feature of the event and we'd like to suggest that you donate a minimum of £5 to her to cover the cost of her oils, etc.

#### WEB SITE

More details about the course, riders and the event can be found on the K.C.A 12 Hour web site at <http://www.kca12hour.org.uk>. The site also has an extensive archive of K.C.A 12 Hour events. The provisional result will be posted on the web site as soon as it is available.

#### REFRESHMENTS

Light refreshments will be available at the hall from 5.30p.m. onwards.

#### EVENT RECORD

The Event Record is held by Steve Berry who rode 276 miles 936 yards, an average speed of 23.044 miles an hour, in 2010.



*STEVE BERRY  
2010 KCA 12 Hour*

Course	Inter Dist	Cum Dist
Circle and retrace to Kingsnorth 2 where	0.714	11.342
Left to Orbital round-a-bout	1.346	12.688
Circle and retrace to Kingsnorth 2 round-a-bout where	1.405	14.093
Left to Park Farm round-a-bout (start Park Farm circuit)	0.336	14.429
<b>PARK FARM CIRCUIT (1)</b>		
Continue straight on south via Ashford Road, Ham Street road through Bromley Green, Sugar Loaf cross roads to top of Ham Street Hill where turn left to join A2070 northwards through Bridgefield round-a-bout (Care) to Cloverleaf round-a-bout where left to Kingsnorth 2 round-a-bout, take first exit to Park Farm round-a-bout	8.716	23.145
<b>PARK FARM CIRCUIT (2)</b>		
Repeat Park Farm Circuit	8.716	31.861
Circle round-a-bout to Kingsnorth 2 where take 3rd exit on A.2040, fork left in 500 yards to Cloverleaf round-a-bout on A2070	1.127	32.988
Continue on A2070 to Bridgefield round-a-bout to Brenzett round-a-bout (Little Chef) junction of A259/A2070/B.2080	8.906	41.894
<b>CAMBER CIRCUIT (1)</b>		
Follow A259 over Brookland round-a-bout to East Guldeford turn left into Camber Road.	6.654	48.548
Continue through Camber and round Lydd by pass. On approach to Lydd beware sharp left turn into Robin Hood Lane. Continue straight over small round-a-bout to join B2075 RIGHT (CARE) to Hammonds Corner junction of A259/B2075 where	11.484	60.032
Left to Brenzett round-a-bout (Little Chef) to complete one Camber circuit	3.282	63.314
<b>CAMBER CIRCUIT (2)</b>		
Follow A259 over Brookland round-a-bout to East Guldeford turn left into Camber Road.	6.654	69.968

## COURSE Q12 (2011)

Due to road works on the canal road between Appledore and Rye the course has been changed substantially this year.

The course around Park Farm and Kingsnorth now includes additional round-a-bouts, and riders will complete a new circuit from Park Farm round-a-bout through Bromley Green, Sugar Loaf cross roads to the top of Ham Street Hill where they turn left to join the A2070 northwards through Bridgefield round-a-bout to Cloverleaf round-a-bout where left to Kingsnorth 2 round-a-bout and left to Park Farm round-a-bout. When riders have completed this part of the course they will turn at Park Farm to join the A2070 southbound through the Cloverleaf round-a-bout, Bridgefield round-a-bout to Brenzett round-a-bout.

Please note the finishing circuit is also different this year. The circuit starts at Sugar Loaf and goes to Magpie Hall Cross Roads where left to Stubbs Cross where left through Shadoxhurst to Coldblow where riders turn left to return to Sugar Loaf cross roads where they turn left to the start of the circuit.

The KCA committee recommend Riders to carry LED rear lights for use in the wooded areas of the course.

Please take great care when navigating round-a-bouts.

Course	Inter Dist	Cum Dist
Start in Kiln Lane Bethersden at field gate north of the junction with A28 where left onto A28.	0.181	0.181
Follow A28 in an easterly direction to Singleton round-a-bout where take first exit. Continue on A28 to (Matalan) Ashford round-a-bout at end of Great Chart by pass – retrace to Singleton round-a-bout. Take 2nd exit to junction with Magpie Hall Lane at New Street Farm,	4.459	4.640
Turn left follow through Stubbs Cross to Magpie Hall cross roads	1.710	6.350
Turn left onto Ashford Road. Follow to Park Farm round-a-bout	2.395	8.745
To Kingsnorth 2 and	0.909	9.654
Straight over to Kingsnorth 3 round-a-bout (outlet centre)	0.300	9.954
	0.674	10.628

## AWARDS

### K.C.A 12 HOUR CHAMPIONSHIP

#### Fastest

1st	A J Bathurst Trophy (for one year) Plus Gilt Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

#### Team

1st Team of Three	The Bray Shield (for one year) Plus Gilt Medals
2nd Team of Three	Silver Plated Medals

#### Lady

1st	Glad Mills Plaque
-----	-------------------

#### Veteran on Age Standard

1st	Gilt Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

#### Greatest improvement on distance in last three years

1st	Gilt Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

All finishers, other than prize winners, will receive a K.C.A. Medal.

**RIDERS**

No	Name	Club		Best Last 3 Years	Start Time
1	Chris Parker	Hastings & St.Leonards CC	V55		6.01
2	Amber Carroll	Rye & District Wheelers CC	LV42		6.02
3	Jari Lyden	Thornton RC	V57		6.03
4	Emma Cutler	Rye & District Wheelers CC	LV40		6.04
5	Albert Lainson	Thornton RC	V78	157.000	6.05
6	Steve Maxted	Rye & District Wheelers CC	V68	203.681	6.06
7	Carol Bridge	Achme Wheelers	L		6.07
8	Peter Hayes	Catford CC	V66	199.880	6.08
9	Jim Hollands	Rye & District Wheelers CC	V72	191.232	6.09
10	Matthew Rowley	Oxonian CC	V43		6.10
11	Louise Mason	Medway Velo	L		6.11
12	Alyson Nye	Tri Spirit Team	LV47	163.788	6.12
13	Graham Hines	San Fairy Ann CC	V53		6.13
14	Andrew Nye	Ashford Wheelers CC	TV55	214.472	6.14
15	Michael Pumphrey	Thornton RC	V51	246.966	6.15
16	Peter Holland	Lincoln Wheelers CC	TV64	191.409	6.16
17	Rebecca Wilson	Rye & District Wheelers CC	LV46		6.17
18	Bob Burden	Tri Spirit Team	V66	175.747	6.18
19	Deborah Hope	Medway Velo	L		6.19
20	Mark Amon	Rye & District Wheelers CC	V47	219.000	6.20
21	Martin Brown	7 Oaks Tri	V50	229.868	6.21
22	Louise Laker	Thornton RC	L		6.22
23	Robert Wheeler	Thornton RC	V49		6.23
24	Trevor Hall	Thornton RC	V50		6.24
25	Peter Moon	Eastbourne Rovers CC	V50	234.340	6.25
26	Sally Smith	Medway Velo	L		6.26
27	Mick James	Ashford Wheelers CC	V54		6.27
28	Ann Bath	Kingston Phoenix RC	LV63		6.28
29	Russ Mason	Thornton RC	V62	198.200	6.29

**RIDERS**

No	Name	Club		Best Last 3 Years	Start Time
30	Nick Wilson	Rye & District Wheelers CC	V48		6.30
31	John Laker	Thornton RC	V51	213.902	6.31
32	Stephen Ratcliffe	Thornton RC			6.32
33	Chris McGuire	Hampshire RC	V48		6.33
34	Donald Houghton	Thornton RC	V41		6.34
35	Rupert Robin	Brighton Mitre CC	V47		6.35
36	Brian Powney	Kingston Phoenix RC	V48	213.291	6.36
37	Andrew Green	Old Portlians	V45		6.37
38	Bob Watts	San Fairy Ann CC	V54	204.220	6.38
39	Andrew Croft	Rye & District Wheelers CC	V50	220.371	6.39
40	Peter Baker	Lewes Wanderers CC	V53		6.40
41	Dave Spice	Tri Spirit Team	V60	215.632	6.41
42	John Clarey	Gemini BC	V72		6.42
43	Gary Boyd	Lea Valley CC	V43	201.520	6.43
44	Alec Mayes	Ashford Wheelers CC	V66	204.339	6.44
45	Shay Giles	VC Elan	V66	241.000	6.45
46	Richard Claxton	VC Elan	V67	220.230	6.46
47	Ian McNally	Westerley			6.47
48	John Beer	Kingston Phoenix RC	V60		6.48
49	Chirs Lovibond	Hounslow & District Wheelers	V66		6.49
50	Tom Glandfield	Lewes Wanderers CC		257.360	6.50
51	Geoff Smith	Eastbourne Rovers CC	V61	227.940	6.51
52	Alan Lloyd	Lewes Wanderers CC	V59	215.111	6.52
53	Stuart Birnie	Willesden CC			6.53
54	Colin Tuckwell	Thornton RC	V40	231.000	6.54
55	Andy Miles	VC Elan	V42	255.757	6.55
56	Howard Staunton	Hainault Roads	V57		6.56

Sponsored Clubs:

Ashford Wheelers C.C. - Chaverey; VC Elan - Harry Perry Cycles